**Living with Teenagers Course**

**Covering 11-16YRS**

**Summer Term 2022**

**9.30am -11.30am weekly sessions**

**Starting June 14th**

 **At Shaftesbury Children’s Centre**





**Living with Teenagers Parenting Course**

Living with Teenagers Parenting Course is a relaxed 6-week course for parents and careers of teenagers. We will recognise that ***you*** are the real experts in your lived experiences and these sessions give you the opportunity to share those experiences with others, while looking at new skills and strategies to support you through challenging behaviors of teenagers.

**For further information and to book please contact the North Locality on**

 **01258 474036 or email us at** **northlocality@dorsetcouncil.gov.uk** 